

# Unitarian Universalist Buddhist Fellowship (UUBF)

## Mid-American Retreat

Theme: Creating and Cultivating Sanghas in the  
UU Midwest

Saturday, May 5, 2018

9:00 a.m.-5:00 p.m.

Appropriate for new or  
experienced meditators.



Location: Lake County Unitarian Universalist Church (LCUUC)

W299 N5595 Grace Dr. Hartland, WI 53029

(30 minutes West of Milwaukee)

Home Stays Available

Cost: \$25 (scholarships available) which includes a vegetarian lunch

Donations will be accepted for the keynote speaker

*Keynote speaker: Rev. Zenshin Florence Caplow. Florence is the minister at the UU Church of Urbana Champaign in Illinois and a Soto Zen priest and teacher in the Shunryu Suzuki Roshi lineage. She has been practicing vipassana and Zen for thirty years, is on the Board of the UU Buddhist Fellowship, and is the co-author of The Hidden Lamp: Stories from Twenty-Five Centuries of Awakened Women.*

The day will include:

- periods of sitting and walking meditation
- dharma talks
- breakout/discussion groups

To register follow this Link: <https://goo.gl/forms/7HOY1dXs90EYbAWE2>

For additional information contact: Erich Moraine [emoraine108@gmail.com](mailto:emoraine108@gmail.com)